RESTORATIVE JUSTICE:
AN EMPIRICALLY GROUNDED MOVEMENT
FACING MANY OPPORTUNITIES
AND PITFALLS

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I. Introduction

A burglary victim comes face-to-face with the young offender and his father. She is able to express the full impact of the crime, get answers to many questions, and help develop a plan to repair the harm. Her involvement in this community-based victim-offender mediation program leads to an ability to move on with her life, and a deep sense of satisfaction and fairness. Meeting his vic-
tim has a huge impact on the young offender and leads him toward getting his life in order and staying out of further criminal activity.

A family group conference is convened to allow the parents of the young offender who vandalized a home in the neighborhood to meet the victim’s family. Several other supporters are present as well. Together, along with the young offender, they talk about the impact of the crime on their lives and the community, and they develop a plan to repair the harm. All involved feel good about the process, believing it to be a very practical way of holding this young person accountable.

In response to a racial incident, a group of thirty community members, including both victims and offenders, come together in a peacemaking circle to openly discuss what led to this crime, its impact on the community, the need for greater understanding and tolerance among diverse community members, and a detailed plan for both repairing the harm. They met several more times to foster healing within the community.

Juvenile offenders appear before neighborhood accountability boards or community justice conferences to discuss the impact of the crime with members of the community who will determine, in coordination with the probation department, specific requirements that address the need for accountability, victim reparation, and competency development within their own lives.

Local and national justice systems and corrections departments, along with victim advocates and community members, develop policies and practices to be more responsive to the needs of crime victims and the community, while providing increasing opportunities for both juvenile and adult offenders to be actively involved in repairing the harm and increasing their victim empathy and skills for becoming productive members of the community.

In their quest for meaning and healing following the death of their loved ones, surviving family members of homicide victims from both criminal and political violence are seeking to meet the offenders through restorative dialogue opportunities in North America, Europe, Israel, Palestine, South Africa, and other parts of the world.

These stories of finding hope, meaning, and healing in the process of creating justice and promoting accountability are representative of an important social reform movement that has been developing throughout the world over the past thirty years. The movement has spawned thousands of individual programs in many countries, has led to a rising number of system-wide policies across
various components of many justice systems, and increasingly has gained the attention of scholars throughout the world. In addition to a growing number of books devoted to the topic, more than 750 articles in law journals and hundreds more in other related journals have addressed restorative justice. The scholarly discussion rests on a rapidly expanding database from studies in both the United States and abroad examining the process and outcome of restorative responses. Clearly, restorative justice has become a social movement that impacts the way we understand and respond to crime and conflict in diverse communities throughout the world.

This article provides an overview of the restorative justice movement in the twenty-first century. In Section II we offer a summary of the movement’s distinguishing characteristics, its history and development, and what it looks like in practice. Section III is focused on restorative justice dialogue, the most widely practiced and extensively researched modality of the restorative justice movement. We present a review of current restorative justice dialogue research and an examination of public policy support for such dialogue across the United States. In Section IV we turn to continuing issues, including pitfalls, opportunities, and questions for the future.

II. OVERVIEW OF RESTORATIVE JUSTICE

A. Distinguishing Characteristics

Most contemporary criminal justice systems focus on law violation, the need to hold offenders accountable and punish them, and other state interests. Crime victims are quite subsidiary to the process and generally have no legal standing in the proceedings. Crime is viewed as having been committed against the state, which, therefore, essentially owns the conflict and determines how to respond to it. The resulting criminal justice system is almost entirely offender-driven.

Restorative justice offers a very different way of understanding and responding to crime. Instead of viewing the state as the primary victim in criminal acts and placing victims, offenders, and the community in passive roles, restorative justice recognizes crime as being directed against individual people. It is grounded in the belief that those most affected by crime should have the opportunity to become actively involved in resolving the conflict. Repair-
ing harm and restoring losses, allowing offenders to take direct responsibility for their actions, and assisting victims to move beyond vulnerability towards some degree of closure stand in sharp contrast to the values and practices of the conventional criminal justice system with its focus on past criminal behavior through ever-increasing levels of punishment.

Within the English-speaking world, roots of the prevailing focus on harm to the state can be traced back to eleventh-century England. Following the Norman invasion of Britain, a major paradigm shift occurred in which there was a turning away from the well-established understanding of crime as a victim-offender conflict within the context of community. William the Conqueror’s son, Henry I, issued a decree securing royal jurisdiction over certain offenses (robbery, arson, murder, theft, and other violent crimes) against the King’s peace. In the years preceding this decree, crime had been viewed as conflict between individuals, and an emphasis upon repairing the damage by making amends to the victim was well established.

Restorative justice values, principles, and practices hearken back to such earlier paradigms, not only in British and American history, but also in numerous indigenous cultures throughout the world. Among these are many Native American tribes within the United States, the Aboriginal or First Nation people of Canada, the Maori in New Zealand, Native Hawaiians, African tribal councils, the Afghani practice of jirga, the Arab or Palestinian practice of Sulha, and many of the ancient Celtic practices found in the Bre-hon laws.

In addition, the values of restorative justice are deeply rooted in the ancient principles of Judeo-Christian culture that have always emphasized crime as being a violation against people and families, rather than “the state.” Many biblical examples are found, in both the Old and New Testaments, setting forth the responsibility of offenders to directly repair the harm they caused to
individuals, harm that has created a breach in the “Shalom community.”

The most succinct definition of restorative justice is offered by Howard Zehr, whom many consider the leading visionary and architect of the restorative justice movement. His seminal book, Changing Lenses, provided the conceptual framework for the movement and has influenced policy makers and practitioners throughout the world. According to Zehr, “[r]estorative justice is a process to involve, to the extent possible, those who have a stake in a specific offense and to collectively identify and address harms, needs, and obligations, in order to heal and put things as right as possible.”

Instead of focusing upon the weaknesses or deficits of offenders and crime victims, restorative justice attempts to draw upon the strengths of these individuals and their capacity to openly address the need to repair the harm caused. Restorative justice denounces criminal behavior yet emphasizes the need to treat offenders with respect and to reintegrate them into the larger community in ways that can lead to lawful behavior.

From a restorative perspective, the primary stakeholders are understood to be individual victims and their families, victimized communities, and offenders and their families. The state and its legal justice system also clearly have an interest as a stakeholder but are seen as more removed from direct impact. Thus the needs of those most directly affected by the crime come first. Wherever possible, opportunities for direct engagement in the process of doing justice through various forms of dialogue are central to the practice of restorative justice.

Like many reform movements, in its early years the restorative justice movement focused on contrasting its values and principles with those of the status quo. The phrase “retributive justice” emerged to describe the conventional criminal justice system approach, particularly regarding its emphasis on offenders getting what they deserved.

Following more than twenty-five years of practice, research, and continuing analysis, Zehr has come to a different understand-

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7 See generally Zehr, Little Book, supra note 4.
8 Id.
9 Zehr, Changing Lenses, supra note 6.
10 Zehr, Little Book, supra note 4, at 37.
ing, stating that such a sharp polarization between retributive and restorative justice is somewhat misleading.\textsuperscript{12} The philosopher of law, Conrad Brunk, argues that, on a theoretical level, retribution and restoration are not the polar opposites that many assume.\textsuperscript{13} He notes that both actually have much in common: A desire to vindicate by some type of reciprocal action and some type of proportional relationship between the criminal act and the response to it.\textsuperscript{14} Retributive theory and restorative theory, however, differ significantly in how to “even the score”—how to make things right.\textsuperscript{15} Retributive theory holds that the imposition of some form of pain, most frequently deprivation of liberty and even loss of life in some cases, will vindicate. Restorative theory argues that “what truly vindicates is acknowledgement of victims’ harms and needs, combined with an active effort to encourage offenders to take responsibility, make right the wrongs, and address the causes of their behavior.”\textsuperscript{16}

Even so, Zehr notes that restorative justice can be contrasted with conventional criminal justice along at least four key variables:\textsuperscript{17}

\begin{table}[h]
\centering
\begin{tabular}{|l|l|}
\hline
\textbf{Criminal Justice} & \textbf{Restorative Justice} \\
\hline
Crime is a violation of the law and the state. & Crime is a violation of people and relationships. \\
\hline
Violations create guilt. & Violations create obligations. \\
\hline
Justice requires the state to determine blame (guilt) and impose pain (punishment). & Justice involves victims, offenders, and community members in an effort to put things right. \\
\hline
\textbf{Central focus}: offenders getting what they deserve. & \textbf{Central focus}: victim needs and offender responsibility for repairing harm. \\
\hline
\end{tabular}
\caption{Two Different Views of Justice}
\end{table}

\textsuperscript{12} Zehr, Little Book, supra note 4, at 58,
\textsuperscript{13} Id. at 58 (citing Conrad Brunk, Spiritual Roots of Restorative Justice: Restorative Justice and the Philosophical Theories of Criminal Punishment (Michael L. Hadley ed., 2001)).
\textsuperscript{14} Id.
\textsuperscript{15} See id. at 59.
\textsuperscript{16} Id.
\textsuperscript{17} Id. at 21.
The conventional criminal justice system focuses upon three questions: (1) What laws have been broken?; (2) Who did it?; and (3) What do they deserve? From a restorative justice perspective, an entirely different set of questions are asked: (1) Who has been hurt?; (2) What are their needs?; and (3) Whose obligations are these?18

Restorative justice is not a list of specific programs or a clear blueprint for systemic change. It requires a radically different way of viewing, understanding, and responding to the presence of crime within our communities. Thus, an increased interest is emerging in addressing the broader, system-level implications of restorative justice principles. Among others, Braithwaite speaks of restorative justice with these larger dimensions in mind, emphasizing that restorative justice is far more than reforming the criminal justice system. It offers a way of transforming the entire legal system, while also impacting family life, workplace behavior, and even political conduct. Braithwaite’s vision of restorative justice is nothing less than changing the way we do justice in the world.19

Whether at the level of system-wide interventions or in individual programs, we are working toward restorative justice when our work meets the following criteria:

1. focus on the harms of wrongdoing more than the rules that have been broken;
2. show equal concern and commitment to victims and offenders, involving both in the process of justice;
3. work toward the restoration of victims, empowering them and responding to their needs as they see them;
4. support offenders while encouraging them to understand, accept, and carry out their obligations;
5. recognize that while obligations may be difficult for offenders, they should not be intended as harms, and they must be achievable;
6. provide opportunities for dialogue, direct or indirect, between victims and offenders as appropriate;
7. involve and empower the affected community through the justice process, and increase its capacity to recognize and respond to community bases of crime;
8. encourage collaboration and reintegration rather than coercion and isolation;

18 Id.
9. give attention to the unintended consequences of our actions and programs; and
10. show respect to all parties including victims, offenders, and justice colleagues.20

B. History and Development

In the mid- to late-1970s, restorative justice principles and its precursor, victim-offender reconciliation, were advocated by a small and scattered group of community activists, justice system personnel, and a few scholars in North America and Europe.21 Though these advocates began establishing connections with one another, they remained largely on the margins of the criminal justice system as a whole and were not initially connected with efforts to reform the system. Few of those involved in the early years would have ever thought their passionate yet modest efforts to promote restorative justice would trigger a widespread social reform movement with international impact.

In its more than a quarter century of development, the restorative justice movement has gone through a number of stages quite similar to other social movements. The mid-1970s marked the birthing phase of what would become known as the restorative justice movement. The “child” of this birthing process was the first Victim Offender Reconciliation Program (“VORP”) in Kitchener, Ontario, in 1974.22 From the late 1970s to the early 1980s, a number of experimental programs based on restorative justice principles and modeled after the Kitchener program were initiated in several jurisdictions in North America and Europe, with the first VORP in the United States located in Elkhart, Indiana, in 1978.23

Through the mid-1980s, in many jurisdictions restorative justice initiatives remained small in size and number and continued to have little impact on the larger system. Few criminal justice officials viewed such programs as a credible component of the system. From the mid-1980s to the mid-1990s, the movement slowly began

to be recognized in many communities as a viable option for interested crime victims and offenders, though still impacting a very small number of participants. England initiated the first state-supported Victim Offender Mediation ("VOM") Programs during this period.\footnote{Tony F. Marshall, Results of Research from British Experiments in Restorative Justice, in Criminal Justice, Restitution, and Reconciliation 83, 83–86 (Burt Galaway & Joe Hudson eds., 1990).}

In 1994 the American Bar Association ("ABA") endorsed victim-offender mediation.\footnote{Criminal Justice Policy on Victim-Offender Mediation/Dialogue, 1994 A.B.A. Res., available at http://www.vorp.com/articles/abaendors.html.} This followed a yearlong study and considerable skepticism over the previous years.\footnote{Id.} The ABA recommended the use of victim-offender mediation and dialogue in courts throughout the country and also provided guidelines for its use and development.\footnote{See id.} Specific guidelines emphasized in the ABA endorsement included that participation by both offenders and victims be entirely voluntary, that offenders not incur adverse repercussions, and that statements and information shared be inadmissible in criminal or civil court proceedings.\footnote{Id. at 6–8.}

Victim organizations were initially skeptical about victim-offender dialogue and other restorative justice initiatives in part because of the early history of focusing on offenders and their needs. However, in 1995, the National Organization for Victim Assistance ("NOVA") endorsed the principles of restorative justice by publishing a monograph entitled Restorative Community Justice: A Call to Action.\footnote{Marlene A. Young, Restorative Community Justice: A Call to Action (1995).} As dialogue programs and other restorative initiatives continue to demonstrate a strong commitment to the needs and wishes of crime victims, victim organizations are increasingly supportive.

The movement began to enter the mainstream in some local and state jurisdictions beginning in the mid-1990s, a development that has led to mixed consequences.\footnote{Mark S. Umbreit, Avoiding the Marginalization and "McDonaldization" of Victim-Offender Mediation: A Case Study in Moving Toward the Mainstream, in Restorative Juvenile Justice: Repairing the Harm of Youth Crime 213, 214 (Gordon Bazemore & Lode Walgrave eds., 1999) [hereinafter Umbreit, Avoiding the Marginalization].} On the one hand, recognition by and active collaboration with the formal justice system is vital to implementing the underlying vision of restorative justice. On the other, such widespread growth and impact has made the
movement increasingly vulnerable to being co-opted by the very justice systems that were initially so critical of its existence. We will examine this issue in more detail in our concluding section.

Restorative justice policies and programs are known today to be developing in nearly every state and range from small and quite marginal programs in many communities to a growing number of state and county justice systems that are undergoing major systemic change. Examples of such systemic change initiatives are occurring in Arizona, California, Colorado, Illinois, Iowa, Minnesota, New York, Ohio, Oregon, Pennsylvania, Texas, Vermont, and Wisconsin.

Restorative justice is also developing in many other parts of the world, including Australia, Canada, numerous European countries, Japan, New Zealand, South Africa, several South American countries, South Korea, and Russia. The United Nations, the Council of Europe, and the European Union have been addressing restorative justice issues for a number of years. Meeting in 2000, the United Nations Congress on Crime Prevention considered restorative justice in its plenary sessions and developed a draft proposal for UN Basic Principles on the Use of Restorative Justice Programs in Criminal Matters. The proposed principles encourage the use of restorative justice programming by member states at all stages of the criminal justice process, underscore the voluntary nature of participation in restorative justice procedures, and recommend beginning to establish standards and safeguards for the practice of restorative justice. This proposal was adopted

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32 Greenwood & Umbreit, supra note 31, at 1, 7, 9–11.


35 Basic Principles on the Use of Restorative Justice Programmes in Criminal Matters, supra note 34.

36 See id.
by the United Nations in 2002.\footnote{See id.} The Council of Europe was more specifically focused on the restorative use of mediation procedures in criminal matters, and it adopted a set of recommendations in 1999 to guide member states in using mediation in criminal cases.\footnote{Id, at 5–6.} In 2001, the European Union adopted a policy in support of “penal mediation,” otherwise known as victim-offender mediation.\footnote{Council Decision 2001/220/JHA, Council Framework Decision of 15 March 2001 on the Standing of Victims in Criminal Proceedings, 2001 O.J. (L 82) 1, 1.} This policy stated that member states (nations) of the European Union should promote mediation in criminal cases and integrate this practice into their laws by 2006.\footnote{See generally id.}

European nations have clearly outpaced American policy development and implementation in support of restorative justice practices, with Austria having established the first national policy commitment in the world to broad implementation of victim-offender mediation in 1988.\footnote{Van Ness, supra note 33, at 1.} Numerous other European countries have now made strong policy commitments to restorative justice and, particularly, victim-offender mediation. Germany has an exceptionally broad and large commitment to victim-offender mediation, with more than 468 programs and 13,600 cases referred annually.\footnote{Tony Peters, Victim-Offender Mediation: Reality and Challenges, in Victim-Offender Mediation in Europe 9, 9–10 (Eur. Forum for VOM & Rest. Just. ed., 2000).} Other European countries that have developed local victim-offender mediation programs or national initiatives include Denmark, Finland, Sweden, Ireland, the Netherlands, Luxembourg, Switzerland, Albania, Slovenia, Romania, Poland, Bulgaria, Italy, Spain, and Ukraine.\footnote{Id.} England is currently going far beyond a focus just on VOM, with a national policy recommendation to implement restorative justice policies and practices throughout the country.\footnote{Restorative Justice: The Government’s Strategy (Jul. 22, 2003), http://www.homeoffice.gov.uk/documents/rj-strategy-consult.pdf.}

In contrast to many previous criminal justice reform movements, the restorative justice movement has major implications for system-wide change in how justice is done in democratic societies. While initiating restorative justice interventions such as victim-offender mediation, family group conferencing, restorative community service, victim panels, and other forms of victim-offender
dialogue or neighborhood dispute resolution, restorative justice places a heavy emphasis upon systemic change. In the United States, a study completed in 2000 found that at least nineteen states had passed legislation promoting a more balanced and restorative juvenile justice system. Additional studies found that twenty-nine states have specific state statutes promoting victim-offender mediation, a hallmark of restorative justice. There are individual restorative justice programs in virtually every state of America, and a growing number of states and local jurisdictions are dramatically changing their criminal and juvenile justice systems to adopt the principles and practices of restorative justice.

C. Restorative Justice in Practice

A wide range of restorative justice practices, programs, and policies are developing in communities throughout the United States and abroad. In this section, we briefly describe several different examples, followed by a more detailed presentation of a system-wide change effort.

1. Program Examples

In Orange County, California, a victim-offender mediation and conferencing program receives nearly one thousand referrals of juvenile offenders and their victims each year. This program is supported by a large government grant and provides much needed support, assistance, and restoration for victims of crime, while also holding these young people accountable to their communities. By diverting these cases from further penetration into the justice system, if the victim’s needs are met, the county also benefits from a significant cost reduction in the already overcrowded court sys-

47 See O’Brien, supra note 45, at 4.
49 Id. at 32.
tem. The program in Orange County is part of a much larger network of more than 1500 victim-offender mediation and conferencing programs in seventeen countries, working with both juvenile and adult courts.50

In several United States cities, prosecuting attorney offices routinely offer choices for victims of crime to actively participate in the justice system, to participate in restorative dialogue with the offender and others affected by the crime, and to meet whatever other needs these individuals are facing. A program in Indianapolis works closely with the police department in offering family group conferencing services in which young offenders and their families meet the individuals they have victimized and work toward repairing the harm, resulting in a significant reduction in recidivism among these offenders.51

Another dialogue-based format was creatively used in Eugene, Oregon, following a hate crime against the local Muslim community that occurred within hours of the September 11 attacks.52 The prosecutor’s office gave the victimized representatives of the Muslim community a choice of either following the conventional path of prosecution and severe punishment or the restorative justice path of participating in a neighborhood accountability board including face-to-face conversations with the offender and others in the community who were affected by this crime.53 The victims elected to meet in dialogue; together they were able to talk openly about the full impact of this hate crime and to develop a specific plan to repair the harm and promote a greater sense of tolerance and peace within the community.54

In several jurisdictions, restorative justice procedures are being used to enable ethnic communities to access elements of their traditional means of handling infractions and breaches of trust among themselves. The Hmong peacemaking circles in St. Paul, Minnesota, receive referrals from local judges in cases involving Hmong participants so that the offense is handled in a more cultur-
ally appropriate way that fosters peacemaking and accountability.\textsuperscript{55} In Canada, aboriginal groups are utilizing the circle format of restorative justice dialogue to handle a wide range of offenses within the community.\textsuperscript{56}

Restorative justice dialogue responses are increasingly being offered to victims of severe and violent crime, driven by requests from victims for such opportunities. Departments of corrections in Texas, Ohio, Pennsylvania, and several other states have initiated statewide victim-offender mediation and dialogue programs through their victim services units.\textsuperscript{57} In such programs, victims of severe violence, including homicide, meet in facilitated dialogue with the offenders who have harmed them as part of their search for meaning and some measure of closure in the wake of trauma. A retired Wisconsin Supreme Court Justice facilitates dialogue groups in a state prison among prisoners and with several victims of severe violence in an effort to ingrain the full human impact of the prisoners’ behavior upon victims and their communities.

Most recently, restorative practices are emerging as part of the healing process for victims of political violence. The Truth and Reconciliation Commission hearings in South Africa were established to foster national healing in the wake of severe violent political conflict as the apartheid system of racial segregation and oppression was dismantled.\textsuperscript{58} A victim-offender mediation was held in Israel between two Israeli-Palestinian youth and a young Israeli mother who had been assaulted and robbed; families of both the offenders and the victim were involved. Both the Jewish and the Palestinian communities actively participated and forged a path toward greater understanding, accountability, and mutual respect. And in the last few years, a former prisoner who was an icon of the Irish Republican Army (“IRA”) movement in Northern Ireland met face-to-face with the daughter of one of the men he killed in their joint search for greater understanding, meaning, and peace in their lives.

2. Systemic Change Examples

As many advocates point out, restorative justice is a process, not a program. Therefore, some proponents are hopeful that a restorative justice framework can be used to foster systemic change, and such changes are beginning to occur. For example, within Minnesota, the State Department of Corrections established a policy to handle letters of apology by prisoners to their victims in a highly restorative and victim-centered manner. It encouraged and assisted prisoners who wanted to write such letters. The letters were then deposited in a victim apology letter bank in the central office for viewing by the prisoners’ victims who were willing to read the letters.59

Broad systemic change initiatives have been undertaken in a number of other countries. For example, in 1988, Austria adopted federal legislation that promoted the use of victim-offender mediation throughout the country.60 In 1989, legislation was adopted in New Zealand that totally restructured its youth justice system based on the traditional practices of its indigenous people, the Maori, and principles consistent with restorative justice.61 The largest volume of youth justice cases now go to family group conferences, rather than to court. This change has resulted in a significant reduction in both court cases and incarcerations, with no evidence of increased recidivism.62 And a nationwide systemic change effort has been undertaken in the United Kingdom through its policy commitment to adopt restorative justice principles and practices throughout the country.63 These changes are focused on increased participation by crime victims, youth accountability boards, and different forms of victim-offender mediation and dialogue.

Washington County Court Services near St. Paul, Minnesota, is one of few jurisdictions in the United States that has explicitly undertaken system-wide change through adopting policies informed by restorative justice principles. Here, we summarize data gathered from a more extensive study in which we interviewed key system and community decision makers to document the change

59 Interview with Tim Hansen, Restorative Justice Planner, Minnesota Dep’t of Corrections, in St. Paul, Minn. (Sept. 13, 2005).
60 Van Ness, supra note 33, at 1.
62 Id.
63 Van Ness, supra note 33, at 2.
process and gather participant assessments regarding significant changes made.64

Often reform efforts in criminal justice are prompted by a crisis, a jail riot, or an offender suicide, for example. This was not the case in Washington County. Instead, key leaders built upon long established relationships among criminal justice professionals and with community groups.65 The county was one of the first to opt into the Community Corrections Act passed in 1973, giving counties more administrative control and resources for developing community based programs for offenders.66 Key leaders in the 1990s had grown professionally under a community-based banner, which provided them with a philosophy that shared some common ground with restorative justice principles and a history of working with community groups.67

A restorative justice frame brought victim issues into focus. Although planners point out that this reform effort did not begin with rewriting the mission statement because they did not want to get bogged down, there was an explicit broadening of the mission to include victims along with offenders and community.68 Impacting offenders, victims, and community provided a foundation for thinking and doing from writing case reports to assessment to new program development.69

The director of court services often used a “seed planting” metaphor when talking about change strategies.70 To that end, considerable time was spent on education and training.71 Likewise, seeds were planted through one-on-one conversations and relationship building.72 Mutual respect and relationship building were

66 Id. at 4; see Community Corrections Act, ch. 354, 1973 Minn. Laws 711 (codified at Minn. Stat. § 401 (2003)).
68 Id. at 4–5.
69 Id. at 18, 26.
70 Id. at 6, 7–8, 21.
71 Id. at 9.
72 See id. at 9.
identified by most of the individuals interviewed as pivotal for this effort at reform to succeed.73

“It is the community piece that has some in the system reacting to restorative justice with resistance,” the director said.74 He believed that systems change primarily because of outside forces.75 In this instance, that was the community, including victim groups, as well as service providers. Community members participated on ad hoc department committees, as volunteers in victim-offender conferencing and peacekeeping circles, and as developers of private community-based services.76 This involvement was not without tension. Some community participants wanted the system to move further and faster than many key decision makers were prepared to do.77 A few long established community service providers were skeptical of some restorative practices.78 Yet, it was this partnership among community participants, criminal justice decision makers, and court service personnel that formed the foundation for the reform and upon which the ongoing process depends.

Reform proponents point to the use of victim-offender conferencing and peacekeeping circles, case planning focused on victim and community needs as well as those of offenders, and assessment tools considering the impact on all three groups as significant changes reflecting a restorative justice lens.79 More is left to do to make these changes system wide and to remain open to new restorative possibilities. Participants acknowledge that continuation of the reform will require risk-taking and that this restorative process “is a marathon not a sprint.”80

III. Restorative Justice Dialogue

As a means of providing an in-depth examination of restorative justice in practice, we have elected to turn our close-up lens on restorative justice dialogue. In so doing, we do not mean to imply that it is the best practice or the only practice worth examining. We selected it because it is the oldest, most widely practiced, and

73 Id.
74 Id. at 10.
75 Id.
76 Id.
77 Id. at 11.
78 Id. at 8.
79 See id. at 15.
80 Id. at 14.
most thoroughly researched of the various processes that fall under the broad umbrella of restorative justice.

A. Description

Four general types of restorative justice dialogue are examined in this review. These include victim-offender mediation, group conferencing, circles, and “other.” All have in common the inclusion of victims and offenders in direct dialogue, nearly always face-to-face, about a specific offense or infraction; the presence of at least one additional person who serves as mediator, facilitator, convener, or circle keeper; and usually, advance preparation of the parties so they will know what to expect. The focus of the encounter nearly always involves naming what happened, identifying its impact, and coming to some common understanding, often including reaching agreement as to how any resultant harm would be repaired. Use of these processes can take place at any point in the justice process, including pre-arrest, pre-court referral, pre-sentencing, post-sentencing, and even during incarceration.

Victim-offender mediation (often called “victim-offender conferencing,” “victim-offender reconciliation,” or “victim-offender dialogue”) usually involves a victim and an offender in direct mediation facilitated by one or sometimes two mediators or facilitators; occasionally, the dialogue takes place through a third party who carries information back and forth, a process known as shuttle mediation. In face-to-face meetings, support persons (such as parents or friends) for victims or offenders are often present. A 1999 survey of victim-offender mediation programs in the United States found that support persons, including parents in juvenile cases, were present in nearly nine out of ten cases.81

Group conferencing (usually known as “family group conferencing,” “community group conferencing,” or “restorative group conferencing”) routinely involves support persons for both victims and offenders as well as additional participants from the community. Many group conferencing programs rely on a script, though some are more open-ended. The number of support persons present can often range from ten to six to only a few, much like victim-offender mediation. Some group conferences can be quite large.

Circles are variously called “peacemaking circles,” “restorative justice circles,” “repair of harm circles,” and “sentencing circles.” The numbers and types of participants gathered for circles are similar to those gathered for conferences, though sometimes there is an even wider group of community members participating as interested persons, additional circle-keepers, or facilitators. The process involves the use of a “talking piece” that is passed around the circle to designate who may speak.

“Other” refers to programs such as reparative boards and other community-based programs that invite victims and offenders to participate together in crafting an appropriate response to the offense.

Increasingly over time, distinctions across these categories have begun to blur, in particular between “mediation” and “group conferencing.” Thus, there are programs that refer to their process as “family group conferencing” or “restorative group conferencing” but in fact convene only offenders and victims with few, if any, support persons and no outside community representatives. Similarly, many “victim-offender mediation” or “victim-offender conferencing” programs have more routinely included support persons, and occasionally additional affected community members. The present review attempts to maintain the distinction between victim-offender mediation (or victim-offender conferencing) and group conferencing (family group conferencing), but it seems likely that knowledge building may be better served in the future by collapsing the categories. Doing so would allow for participant responses and outcomes to be analyzed across actual variations in structure and format, rather than according to what the intervention is called.

The present review examines participation rates and reasons, participant satisfaction, participant perception of fairness, actual restitution and repair of harm, diversion, recidivism, and cost. A total of eighty-five studies were reviewed for the present report, including fifty-three mediation studies, twenty-two group conferencing studies, five circle studies, two studies of other dialogue programs, and three meta-analyses.
B. Evidence-Based Practice

1. Participation Rates and Reasons

Inviting victims to meet with the offender that harmed them was first conceived of as a means to help young offenders understand the impact of their crime and possibly decrease the likelihood of re-offending. In those early days of the restorative justice dialogue movement, no one knew how likely it would be that victims would even want to participate in such a meeting, or whether they would find it helpful. In fact, large numbers of victims who are approached about the possibility of such a meeting elect to participate.

Participation rates for crime victims are addressed in several VOM studies and typically range from 40% to 60%, though rates as high as 90% have been reported.\(^8^2\) Several studies noted that victim willingness to participate was driven by a desire to receive restitution, to hold the offender accountable, to learn more about the “why” of the crime, to share their pain with the offender, to avoid court processing, to help the offender change behavior, or to see the offender adequately punished.\(^8^3\) Coates, Burns, and Umbreit found that victim reasons for choosing to participate were ranked as follows: to possibly help the offender, to hear why the offender did the crime, to communicate to the offender the impact of the crime, and to be sure the offender would not return to commit a repeat offense.\(^8^4\) Interestingly, victims frequently report that while restitution was the primary motivator for them to participate in VOM, what they appreciated most about the program was the opportunity to talk with the offender.\(^8^5\)

\(^8^2\) ROBERT B. COATES, HEATHER BURNS & MARK S. UMBREIT, VICTIM PARTICIPATION IN VICTIM-OFFENDER CONFERENCING: WASHINGTON COUNTY, MINNESOTA COMMUNITY JUSTICE PROGRAM 2 (2002) [hereinafter COATES, BURNS & UMBREIT, VICTIM PARTICIPATION IN VICTIM-OFFENDER CONFERENCING]; COATES, UMBREIT & VOS, SYSTEMIC CHANGE, supra note 65, at 17.

\(^8^3\) COATES, BURNS & UMBREIT, VICTIM PARTICIPATION IN VICTIM-OFFENDER CONFERENCING, supra note 82, at 2.

\(^8^4\) Id. at 21.

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Offenders we chose to participate often wanted to pay back the victim, to get the whole experience behind them, to impress the court, or to apologize to the victim.86

Among victims who elected not to participate in VOM, reasons included feeling the crime was too trivial to be worth the time, feeling fearful of meeting the offender, and wanting the offender to have a harsher punishment.87 Victims, in a study by Coates, Burns, and Umbreit, ranked those reasons as follows: not worth the time and trouble involved, the matter had already been resolved, too much time had passed since the crime, just wanted the money, and complaints that the system just wanted “to slap the wrist of the offenders.”88

Gehm studied 535 eligible VOM cases and found 47% of the victims willing to participate.89 Victims were more likely to participate if the offender was white (as were the victims), if the offense was a misdemeanor, and if the victim was representing an institution.90 Wyrick and Costanzo similarly found that property cases were more likely to reach mediation than personal offenses.91 They further noted an interaction between type of crime and the passage of time: the longer the time lapse between the offense and the mediation opportunity, the less likely property crimes would


87 UMBREIT, MEDIATION OF CRIMINAL CONFLICT, supra note 86, at 141; Niemeyer & Shichor, supra note 48, at 32; Coates & Gehm, supra note 86, at 252–53.

88 COATES, BURNS & UMBREIT, VICTIM PARTICIPATION IN VICTIM OFFENDER CONFERENCE, supra note 82, at 20.

89 JOHN GEHM, MEDIATED VICTIM-OFFENDER RESTITUTION AGREEMENTS: AN EXPLORATORY ANALYSIS OF FACTORS RELATED TO VICTIM PARTICIPATION, IN CRIMINAL JUSTICE, RESTITUTION, AND RECONCILIATION, supra note 24, at 177, 179.

90 Id. at 179.

come to mediation, but the more likely personal crimes would meet.92

Offender reasons for not participating are less frequently explored. Some offenders have reported being advised by lawyers not to participate,93 and some simply did not want to be bothered.94

In regards to mediated dialogue in severely violent crimes, victims’ chief reasons for wishing to meet are to seek information (58%), to show the offender the impact of their actions (43%), and to have some form of human contact with the person responsible for the crime (40%).95 Offenders who agreed to meet offered the following victim-related reasons: to apologize (38%), to help victims heal (38%), and to do whatever would benefit victims (26%).96 Offenders also hoped the experience would benefit themselves (74%), including that it would contribute to their own rehabilitation (33%), that it could change how their victims viewed them (21%), and that they had spiritual reasons for wanting to meet with their victim (18%).97

2. Participant Satisfaction
   i. Victim-Offender Mediation

The vast majority of studies reviewed reported in some way on the victims and offenders’ satisfaction with the VOM process and outcomes. Expression of satisfaction is consistently high for both victims and offenders across sites, cultures, and seriousness of offenses. Typically, eight or nine out of ten participants report being satisfied with the process and with the resulting agreement.98 Two

92 Id. at 260–61.
93 Anne L. Schneider, Restitution and Recidivism Rates of Juvenile Offenders: Results from Four Experimental Studies, 24 Criminology 533, 539 (1986).
94 Coates & Gehm, supra note 86, at 252.
95 Umbreit, Vos, Coates & Brown, Facing Violence, supra note 57, at 307.
96 Id. at 308.
97 Id. at 307–08.
studies that utilized shuttle mediation yielded slightly lower satisfaction rates for those participants than for participants who met face-to-face.99

Secondary analysis of satisfaction data from a United States study and a Canadian study yielded similar high rates of satisfaction.100 Using step-wise multiple regression procedures to determine those variables most associated with victim satisfaction, the authors discovered that three variables emerged to explain over 40% of the variance.101 The key variables associated with victim satisfaction were as follows: (1) the victim felt good about the mediator; (2) the victim perceived the resulting restitution agreement as fair; and (3) the victim, for whatever reason, had a strong initial desire to meet the offender.102

When asked, typically nine out of ten participants would recommend a VOM program to others.103 These high levels of satisfaction with victim-offender mediation also translated into relatively high levels of satisfaction with the criminal justice system. Where comparison groups were studied, those victims and offenders going through mediation indicated being more satisfied with the criminal justice system than those going through traditional court prosecution.104

In a meta-analysis covering both VOM and group conferencing programs, Latimer, Dowden, and Muise found that in twelve of


101 Bradshaw & Umbreit, Crime Victims, supra note 100, at 21; Bradshaw & Umbreit, Factors that Contribute, supra note 100, at 45.

102 Bradshaw & Umbreit, Crime Victims, supra note 100, at 21–22; Bradshaw & Umbreit, Factors that Contribute, supra note 100, at 45.

103 EVIE & CUSHMAN, supra note 98, at 41; UMBREIT, COATES & VOS, SIX OREGON COUNTIES, supra note 86, at 35; Coates & Gehm, supra note 86, at 254; Umbreit, Minnesota Mediation Center, supra note 99, at 194–97.

104 DAVIS, TICHANE & GRAYSON, supra note 98, at 64; UMBREIT, MEDIATION OF CRIMINAL CONFLICT, supra note 86, at 106.
the thirteen VOM and group conferencing programs that reported satisfaction rates, victims were more satisfied than those in traditional approaches. Satisfaction rates were somewhat higher in VOM than in group conferencing; the authors felt one reason might be that conferences typically have more participants, making it more difficult to find as much satisfaction with an agreement. The meta-analysis found a “moderate to weak positive impact” on offender satisfaction as compared to offenders in non-restorative programs.

ii. Group Conferencing

Group conferencing also yields fairly high satisfaction responses from participants. Apart from an early New Zealand study, in which only 53% of victims reported being satisfied, more recent group conferencing studies have yielded satisfaction rates ranging from 73% into the high 90% range. Two recent studies reported participant agreement rates from 90% to 100% across a range of items tapping dimensions of satisfaction.

Victims in a Minnesota study of group conferencing listed the most helpful component of their experience was the opportunity to talk to the offender and explain effect of crime on them and to hear the offender’s explanation. The least helpful aspect of group conferencing was the “negative attitude of [some] parents.”

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106 Id. at 18–19.
107 Id. at 11.
111 Fercello & Umbreit, supra note 109, at 10, 16.
112 Id.
Three studies found that over 90% of victims and offenders would recommend the group conferencing program to others.\textsuperscript{113} One of these further compared recommendation rates to the control sample, in which only 25% of the victims would so recommend.\textsuperscript{114} For the juvenile offenders in this study, 85% would recommend the program compared with 38% of the control group.\textsuperscript{115}

iii. Circles

Fewer studies regarding participant response to restorative justice or peacemaking circles are available to us. Circles are most often imbedded in a broader community response to conflict.

Preliminary research efforts suggest that talking circles, healing circles, and sentencing circles have positively impacted the lives of those who have participated in them. In an early evaluation of the Hollow Water First Nation Community Holistic Circle Healing approach to sex victimizers, their victims, families, and the community pointed to positive outcomes as well as lingering concerns.\textsuperscript{116} Having a voice and a stake in justice-related outcomes, mutual respect, and renewed community and cultural pride were cited as benefits of participation.\textsuperscript{117} On the other hand, lack of privacy, difficulty of working with family and close friends, embarrassment, unprofessionalism, and religious conflict were cited by others as negative aspects of the circle process.\textsuperscript{118}

Victim satisfaction is cited as “very high” in the Healing/Sentencing Circles Program in Whitehorse, Yukon Territory.\textsuperscript{119} Participant satisfaction with restorative justice circles for misdemeanors and low level assaults in South St. Paul, Minnesota, was also high.\textsuperscript{120} Each of the thirty victim and offender participants who were interviewed indicated that he or she would recommend the circle process to others who were in similar circumstances.\textsuperscript{121} Offenders indicated that what they liked most

\textsuperscript{113} Id. at 11; McCold & Wachtel, supra note 109, at 56–63; McGarrel et al., supra note 21, at 43.
\textsuperscript{114} McGarrel et al., supra note 21, at 43.
\textsuperscript{115} Id.
\textsuperscript{116} See generally Lajeunesse & Assoc., supra note 56.
\textsuperscript{117} See id. at 101, 106–07.
\textsuperscript{118} See id. at 106–07.
\textsuperscript{119} Stephen A. Matthews & Gayle Larkin, Guide to Community-Based Alternatives for Low-Risk Juvenile Offenders 67 (1999).
\textsuperscript{120} Coates, Umbreit & Vos, Restorative Justice Circles, supra note 64, at 26–29.
\textsuperscript{121} Id. at 57–58.
about circles was “connecting with people in the circle,” “changed attitude and behavior,” “opportunity to pay back the victim and community,” and to “avoid court.”

Victims liked “being able to tell their story,” “listening to others,” and “connecting with people in the circle.” Community representatives liked feeling that “they were giving something back to the community” and that “they were helping people.”

Three Minnesota school districts used a three-year prevention grant to train staff in the circle process and implement the use of circles in the schools as an alternative response to discipline problems. Satisfaction was mixed and was related to levels of success in implementing the program. South St. Paul had the highest satisfaction. In surveys collected at the conclusion of “circles to repair harm,” a majority of participants (students, staff, parents, applicants, and victims) indicated satisfaction with the process, with higher reports of feeling “hopeful, grateful, confident, and supported after the process.” School staff felt circles had a positive impact and felt the process was fair to teachers and students.

Satisfaction data was less complete for the other two districts. In one, the training received a positive evaluation, and by the end of the third year, 70% of teachers were using the circle process in community-building activities in the classroom. Return rate on staff surveys in the other district was only 27%; of these, 70% were positive, 19% neutral, and 11% negative.

iv. Other Programs

Karp, Sprayregen, and Drakulich evaluated the Vermont Reparative Probation program and found that although victim partici-
ation rates were low, of the victims who participated, 82% were satisfied.\textsuperscript{132}

3. Fairness
   i. Victim-Offender Mediation

Many studies of victim-offender mediation asked participants about the fairness of the mediation process and of the resulting agreement.\textsuperscript{133} Not surprisingly, given the high levels of satisfaction, the vast majority of VOM participants (typically over 80\%) across settings, cultures, and types of offenses, reported believing that the process was fair to both sides and that the resulting agreement was fair.\textsuperscript{134} Again, these experiences led to feelings that the overall criminal justice system was fair.\textsuperscript{135} Where comparison groups were employed, those individuals exposed to mediation came away more likely feeling that they had been treated fairly than those going through the traditional court proceedings.\textsuperscript{136} In a study of burglary victims in Minneapolis, Umbreit found that 80\% who went through


\textsuperscript{133} See, e.g., JEAN P. COLLINS, FINAL EVALUATION REPORT ON THE GRANDE PRAIRIE COMMUNITY RECONCILIATION PROJECT FOR YOUNG OFFENDERS 66 (1984); DAVIS, TICHANE & GRAYSON, supra note 98, at 55–56; EVIE & CUSHMAN, supra note 98, at 41, 62, 98; UMBREIT & COATES, FOUR STATES, supra note 85, at 14; UMBREIT, COATES & VOS, SIX OREGON COUNTIES, supra note 86, at 29; UMBREIT & ROBERTS, supra note 99, at 15–16; UMBREIT, CRIME VICTIMS SEEKING FAIRNESS, supra note 85, at 52–53; UMBREIT, MINNESOTA MEDIATION CENTER, supra note 98, at 194–97; Mark S. UMBREIT, VIOLENT OFFENDERS AND THEIR VICTIMS, in MEDIATION AND CRIMINAL JUSTICE, supra note 22, at 99, 100 [hereinafter UMBREIT, VIOLENT OFFENDERS]; STRODE, supra note 86, at 74–76.

\textsuperscript{134} COLLINS, supra note 133, at 66; EVIE & CUSHMAN, supra note 98, at 41, 62, 98; UMBREIT & COATES, FOUR STATES, supra note 85, at 14; UMBREIT, COATES & VOS, SIX OREGON COUNTIES, supra note 86, at 29; UMBREIT & ROBERTS, supra note 99, at 15–16; UMBREIT, CRIME VICTIMS SEEKING FAIRNESS, supra note 85, at 52–53; UMBREIT, MINNESOTA MEDIATION CENTER, supra note 98, at 194–97; UMBREIT, VIOLENT OFFENDERS, supra note 133, at 99, 100; STRODE, supra note 86, at 74–76.

\textsuperscript{135} COLLINS, supra note 133, at 68; DAVIS, TICHANE & GRAYSON, supra note 98, at 51, 55–56; EVIE & CUSHMAN, supra note 86, at 61–62; UMBREIT & COATES, FOUR STATES, supra note 85, at 14; UMBREIT, COATES & VOS, SIX OREGON COUNTIES, supra note 86, at 29; UMBREIT & ROBERTS, supra note 99, at 14; UMBREIT, CRIME VICTIMS SEEKING FAIRNESS, supra note 85, at 56; UMBREIT, MINNESOTA MEDIATION CENTER, supra note 98, at 194–97; UMBREIT, VIOLENT OFFENDERS, supra note 133, at 99, 100; STRODE, supra note 86, at 74–76.

\textsuperscript{136} DAVIS, TICHANE & GRAYSON, supra note 98, at 51, 55–56; EVIE & CUSHMAN, supra note 98, at 41, 62, 98; UMBREIT & COATES, FOUR STATES, supra note 85, at 14; UMBREIT, COATES & VOS, SIX OREGON COUNTIES, supra note 86, at 29; UMBREIT & ROBERTS, supra note 99, at 15–16; UMBREIT, CRIME VICTIMS SEEKING FAIRNESS, supra note 85, at 56; UMBREIT, MINNESOTA MEDIATION CENTER, supra note 98, at 194–97; UMBREIT, VIOLENT OFFENDERS, supra note 133, at 99, 100; STRODE, supra note 86, at 74–76.
VOM indicated that they experienced the criminal justice system as fair compared with only 38% of burglary victims who did not participate in VOM.137

ii. Group Conferencing

Fairness is also an issue of concern for participants in group conferencing and is often a focus of research. In an Australian study, 80% to 95% of victims and offenders reported that they were treated fairly and had a say in the agreement.138 Similarly, preliminary data from the Australian Reintegrative Shaming Experiments (“RISE”) found that 72% of the offenders felt the outcome of group conferencing was fair, compared with 54% of comparison offenders prosecuted in the traditional courts.139 Interestingly, the conference offenders were also more likely to feel that they would be caught if they re-offended.140

In three United States studies, about 95% of victims indicated the process or outcome was fair.141 Regarding offenders, 89% of the juvenile offenders in a Minnesota-based study indicated that the resulting conference agreement was fair.142 All seven offenders in a small survey of another Minnesota group conferencing program felt the process was fair.143 Hayes re-analyzed the data from McCold and Wachtel144 and found that conferenced youth were more likely to experience fairness in the justice system than court-referred youth (97% versus 87%).145

4. Restitution and Repayment of Harm

The form of restitution, or what is called reparation in some jurisdictions, is quite varied and can include direct compensation to the victim, community service, work for the victim, and sometimes unusual paybacks devised between victim and offender. Apologies are also often included in program reports as a component of re-

137 Umbreit, Mediation, supra note 23, at 97; Umbreit, Crime Victims Seeking Fairness, supra note 85, at 56.
138 Daly, supra note 61, at 78–79.
140 Id.
141 Fercello & Umbreit, supra note 109, at 12; McCold & Wachtel, supra note 109, at 54–61; McGarrel et al., supra note 21, at 44.
142 Fercello & Umbreit, supra note 109, at 11.
144 McCold & Wachtel, supra note 109.
145 Hayes & Daly, supra note 110, at 186–87.
pairing the harm. In some settings, restitution amounts are established before cases are referred for mediation; in others, deciding whether the victim should receive restitution and how much is seen as an important domain for the mediation session.

i. Victim-Offender Mediation

About half the studies under review addressed the issue of restitution or repair of harm. Of those cases that reached a meeting, typically 90% or more generated agreements. Restitution of some sort was part of the vast majority of these agreements. Looking across the studies reviewed here, it appears that approximately 80% to 90% of the contracts are reported as completed.

Results from comparative studies have been somewhat mixed, with some studies reporting higher amounts of restitution or greater completion rates for VOM participants than comparison groups, while another reported no difference. The meta-analysis covering both mediation and group conferencing found that offenders participating in these programs had substantially higher completion rates than offenders processed in other ways.

ii. Group Conferencing

Restitution or reparation is often a major focus of conferences, and high agreement rates are reported, usually reaching the

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146 Perry, Lajeunesse & Woods, supra note 85, at 33; Sandra Stone, William Helms & Pamela Edgeworth, Cobb County Juvenile Court Mediation Program Evaluation 39–42 (1998); Umbreit, Coates & Vos, Six Oregon Counties, supra note 86, at 34; Coates & Gehm, supra note 86, at 257.
147 Perry, Lajeunesse & Woods, supra note 85, at 33; Stone, Helms & Edgeworth, supra note 146, at 19; Umbreit, Coates & Vos, Six Oregon Counties, supra note 86, at 34; Coates & Gehm, supra note 86, at 257.
149 Evje & Cushman, supra note 98, at 22.
150 Roy, supra note 148, at 52.
151 Latimer, Dowden, & Muse, supra note 105, at 12.
high 90% range, and in one instance achieving 100%. Apologies play a central role in group conferencing outcomes with well over half of the victims receiving apologies across studies that report this distinction. Other frequently reported agreement components included monetary restitution and work for the victim or the community.

When victims were present for the conference, any work performed by offenders was more likely to be done for the victim than when victims were not present, although this still happened in only two-fifths of the cases. In addition, reparation occurred 42% of the time when victims were present, compared to 29% across all cases that harmed victims.

Group conferencing studies using comparison groups have found much higher rates of receiving repair for victims who participated in group conferencing than victims whose cases were processed through other channels. In one instance, the overall rate of receiving repair (including apology) was ten times that of traditionally processed cases.

Completion rates for agreements developed during conferences are quite high, ranging from the middle 80% range to the middle 90% range.

iii. Other Programs

The Vermont Reparative Board program reported that restitution was ordered in 69% of those cases where material harm was identified. Of the victims surveyed who had sustained such

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152 Fercello & Umbreit, supra note 109, at 12; Maxwell & Morris, supra note 108, at 92; see David Moore & Lubica Forsythe, A New Approach To Juvenile Justice: An Evaluation of Family Conferencing in Wagga Wagga 27–100 (1995) (reporting that all fourteen cases in this study reached an agreement).
155 McGarrel et al., supra note 21, at 41; Maxwell & Morris, supra note 108, at 93.
156 Maxwell & Morris, supra note 108, at 95.
157 McGarrel et al., supra note 21, at 46; Strang & Sherman, supra note 154.
158 Strang & Sherman, supra note 154.
159 Walker, supra note 153, at 41; Joy Wundersitz & Sue Hetzel, Family Conferencing for Young Offenders: The South Australian Experience, in Family Group Conferences: Perspectives on Policy and Practice 111, 132–33 (Joe Hudson et al. eds., 1996); Ierley & Ivkovic, supra note 110, at 2–3.
160 Karp, Sprayregen & Drakulich, supra note 132, at 17.
losses, 66% indicated that their losses were addressed.\textsuperscript{161} Overall, 18% of cases resulted in apologies to victims; in cases where victims attended, that percentage rose to 67%.\textsuperscript{162}

5. Diversion

Among other reasons, many restorative programs are nominally established to divert offenders from the traditional justice system processes. While such diversion was a goal lauded by many, others expressed concern about the unintended consequence of widening the net—that is, sanctioning offenders who otherwise would not have received sanctions through traditional procedures. Only a handful of the studies reviewed here address this question.

\textit{i. Victim-Offender Mediation}

Two mediation studies, both in the United Kingdom, have reported a net-widening impact for the intervention. One concluded that at least 60% of the offenders participating in mediation were true diversions from court prosecution, and overall there was a 13% net-widening effect, much less than expected.\textsuperscript{163} In the other, fully 43% of the comparison group cases were not prosecuted and received no sanction, a fairly broad net-widening result.\textsuperscript{164}

In contrast, two United States-based studies found that the mediation programs successfully diverted offenders from court. One North Carolina program apparently reduced court trials by as much as two-thirds.\textsuperscript{165} An Indiana-Ohio study compared consequences for seventy-three youth and adults going through VOM programs with those for a matched sample of individuals who were processed in the traditional manner.\textsuperscript{166} VOM offenders spent less time incarcerated than did their counterparts, and when incarcerated, they did county jail time rather than state time.\textsuperscript{167}

\textit{ii. Group Conferencing}

Results for group conferencing are likewise mixed across the few studies addressing the issue. The Bethlehem, Pennsylvania

\textsuperscript{161} Id.
\textsuperscript{162} Id. at 15.
\textsuperscript{163} DIGNAN, \textit{supra} note 99, at 27–28.
\textsuperscript{164} WARNER, \textit{supra} note 98, at 58.
\textsuperscript{166} Coates & Gehm, \textit{supra} note 86, at 251–63.
\textsuperscript{167} Id.
group conferencing program left police and courts largely unaffected.\(^{168}\) On the other hand, an Australian program greatly reduced the total number of police interventions involving young people and increased the proportion of cases handled through cautioning rather than in court.\(^{169}\) A school-based group conferencing program reported that all of its conferenced cases were diversion; 70% were in place of suspension, and 35% (with some overlap) were in place of criminal charges.\(^{170}\)

The New Zealand experience offers a perspective on system wide change. New Zealand’s Children, Young Persons and Families Act of 1989 established new procedures for state intervention into families and the lives of children and young people, replacing many court processes with family group conferencing.\(^{171}\) Similar results were found; that is, the changes dramatically reduced the court load from up to 13,000 cases per year to as little as 2587 in 1990.\(^{172}\) On the other hand, the authors point out that only three out of five youths who appeared in court previously received any formal penalty, while fully 95% of conferenced youths either received a penalty or made an apology.\(^{173}\) Again, this demonstrates a net-widening impact.

### iii. Circles

The Hollow Water First Nation Community Holistic Circle Healing Process was designed, in part, as a way of keeping victimizers in the community.\(^{174}\) Over a ten-year period, ninety-four individuals were diverted within the four communities making up Hollow Water.\(^{175}\) Forty-one of these persons had assault charges, and thirty-seven had sexual assault charges.\(^{176}\) An additional seven adult males came to the program from other reserves, resulting in a total of 101 individuals who were diverted from the provincial or federal justice system.\(^{177}\)

\(^{168}\) McCold & Wachtel, supra note 109, at 44–46, 108–11.

\(^{169}\) Moore & Forsythe, supra note 152, at 245.

\(^{170}\) Ierley & Ivkor, supra note 110, at 2–3.

\(^{171}\) See Maxwell & Morris, supra note 108, at xviii.

\(^{172}\) Id.

\(^{173}\) Id. at 175.


\(^{175}\) See id. at 69–71.

\(^{176}\) Id.

\(^{177}\) See id.
A school-based circle project in Minnesota succeeded in reducing behavioral referrals by 75% over the three years of its implementation. Whether this qualifies as diversion (reduction of referrals) or recidivism (prevention of further infractions) may be subject to debate, but the result is nonetheless impressive.

6. Recidivism

The goal of restorative processes is to meet the needs of all parties affected by crime—victims, offenders, and communities. Preventing recidivism is often used as a long-term measure of the “effectiveness” of such programs; such prevention benefits offenders directly, and more broadly, benefits communities. There has been some concern that the demonstrable outcome of reduction in recidivism should not be the only measure of effectiveness, but rather it should be placed in a broader context that includes the range of restorative goals.

A large number of the studies reviewed here have addressed recidivism; we will confine our discussion to those studies that provide some type of comparison group. Studies simply reporting overall re-offending rates with no comparison will not be addressed.

When examining the impact of the two most widespread forms of restorative justice dialogue on juvenile recidivism, a recent meta-analysis (William Bradshaw and David Roseborough, “Restorative Justice Dialogue: The Impact of Mediation and Conferencing on Juvenile Recidivism” Federal Probation, December 2005, page 18) found that victim offender mediation and family group conferencing together contributed to a 26% reduction in recidivism, with VOM contributing to a 34% reduction and FGC contributing to an 11% reduction. Further data on recidivism within each restorative justice dialogue intervention is offered below.

i. Victim-Offender Mediation

Results from studies examining the impact of mediation on recidivism have been mixed overall. Several studies found lower rates for mediation participants than for offenders processed through traditional means. In addition, five of the six programs

178 RIESTENBERG, supra note 125, at 9.
examined by Evje and Cushman also found reduced recidivism.\textsuperscript{180} Two studies also found that youths who did re-offend tended to incur less serious charges than their counterparts.\textsuperscript{181} Others reported little or no difference,\textsuperscript{182} as did one of the six programs studied by Evje and Cushman.\textsuperscript{183} A study of a county-wide restorative program that included VOM as one component found virtually equal recidivism rates between the sample and the control group.\textsuperscript{184}

One United Kingdom study compared recidivism data on the VOM offenders who went through face-to-face mediation with those who were exposed only to shuttle mediation.\textsuperscript{185} The former group did somewhat better than the latter: 15.4\% and 21.6\%\textsuperscript{186} As with satisfaction measures reported earlier, face-to-face mediation seems to generate better results both in the short run and in the longer run than the less personal indirect mediation.\textsuperscript{187} Another United Kingdom study, examining seven varying restorative justice schemes, found that “the only scheme that routinely involved victims . . . was for the most part both lower cost and more effective than the other schemes.”\textsuperscript{188} The program reduced both the frequency and the seriousness of subsequent offenses.\textsuperscript{189}

A few studies have examined participants’ offense rates before and after mediation. All of these studies found an overall reduction in offense rates for participating offenders.\textsuperscript{190}

Five meta-analyses have addressed recidivism issues. Nugent, Umbreit, Winamaki, and Paddock conducted a rigorous reanalysis of recidivism data reported in four previous studies, involving a to-

\textsuperscript{180} EVJE & CUSHMAN, supra note 98, at 49, 60, 69, 84, 96, 103.
\textsuperscript{181} UMBREIT & COATES, FOUR STATES, supra note 85, at 18; Nugent & Paddock, supra note 179, at 359–62.
\textsuperscript{182} Roy, supra note 148, at 52; STONE, HELMS & E DGEWORTH, supra note 146, at 39–42.
\textsuperscript{183} See EVJE & CUSHMAN, supra note 98, at 69.
\textsuperscript{184} Bill Bradbury, Deschutes County Delinquent Youth Demonstration Project, Sec. St. Audit Rep. # 2002-29, at 5.
\textsuperscript{185} See DIGNAN, supra note 99.
\textsuperscript{186} Id. at 39.
\textsuperscript{187} Id.
\textsuperscript{188} DAVID M IERS ET AL., AN EXPLORATORY EVALUATION OF RESTORATIVE JUSTICE SCHEMES ix (2001).
\textsuperscript{189} Id. at viii.
tual sample of 1298 juvenile offenders, 619 who participated in VOM, and 679 who did not.\textsuperscript{191} Using ordinal logistical regression procedures, the authors determined that VOM youth recidivated at a statistically significant 32\% lower rate than non-VOM youth.\textsuperscript{192}

In a subsequent report, Nugent, Williams, and Umbreit expanded their database to include fifteen studies.\textsuperscript{193} This analysis relied on a combined sample of 9037 juveniles and similarly found that the mediated adolescents committed fewer and less serious offenses than their counterparts.\textsuperscript{194}

The third meta-analysis also involved 15 studies and a combined sample of 9,172 juvenile offenders. Bradshaw, Roseborough, and Umbreit found that victim offender mediation contributed to a 34\% reduction in recidivism.\textsuperscript{195} Two additional studies included both mediation and group conferencing. A Canadian study found that the two types of programs together yielded reductions in recidivism compared to other, non-restorative approaches, and that offenders in the two program types were significantly more successful during the follow-up periods.\textsuperscript{196}

The fifth and final meta-analysis by Bradshaw and Roseborough found that victim offender mediation and family group conferencing together contributed to a 26\% reduction in recidivism, with VOM contributing to a 34\% reduction and FGC contributing to an 11\% reduction.\textsuperscript{197}

\textbf{ii. Group Conferencing}

As with mediation, results have been somewhat mixed. Several studies have reported a positive difference between conferenced offenders and those who were traditionally processed.\textsuperscript{198}

\textsuperscript{191} William R. Nugent et al., \textit{Participation in Victim-Offender Mediation and Reoffense: Successful Replications?}, 11 RES. SOC. WORK PRAC. 5 (2001) [hereinafter Nugent et al., \textit{Successful Replications}].

\textsuperscript{192} Id. at 16.


\textsuperscript{194} Id. at 140, 162.


\textsuperscript{196} LATIMER, DOWDEN & MUISE, supra note 105, at 14–16.


\textsuperscript{198} DAVID HINES, THE WOODBURY POLICE DEPARTMENT RESTORATIVE JUSTICE PROGRAM RECIDIVISM STUDY 4 (2004); CAROLYN HOYLE, RICHARD YOUNG & RODERICK HILL, PROCEED
Other studies have found different effects for different groups of participants. A series of reports on the RISE experiments showed a reduction in re-offending for the violent crimes but not for the other three categories of offense. McCold and Wachtel similarly found that group conferencing had a more positive impact on recidivism rates for participants whose offenses were relatively more violent. Walker found no overall difference in re-offense rates between conferenced youths and all youths in Honolulu but noted that nonviolent conferenced youths did not tend to escalate to violence in subsequent offenses, while similar youths who did not participate in group conferencing had significantly higher arrest rates for subsequent violent crimes.

A number of recent studies have begun to attempt to sort out factors that make a difference in the rate of re-offending among conferenced offenders. In 1996 Maxwell and Morris were able to contact 108 young people (67% of their original sample) and 98 parents who had participated in family group conferencing in 1990–91. Several multivariate analyses were conducted to sort out predictors of reconviction and pathways to re-offending. Critical factors that were correlated with lessened re-offending included the following: having a conference that was memorable, not being made to feel a bad person, feeling involved in the conference decision making, agreeing with the outcome, completing the tasks agreed to, feeling sorry for what they had done, meeting the victim and apologizing to him or her, and feeling that they had repaired the damage. As the authors point out, “These factors reflect key restorative values, processes and outcomes.”

200 McCold & Wachtel, supra note 109, at 75–80.
201 Walker, supra note 153, at 41.
203 Id. at 251, 261.
204 Id. at 252–53, 261.
205 Id. at 261.
Hayes and Daly examined factors associated with re-offending in a juvenile group conferencing program and found that there was an interaction effect between age at first offending and whether or not the first offense was conferenced. They concluded that young, first-time offenders are less likely to re-offend if the response to that first offense is group conferencing than if it is court referral or cautioning. This finding has relevance for the net-widening concerns because early intervention has some potential to be more effective even if it temporarily widens the net.

In a related study, Hayes and Daly found that youths who expressed remorse at conferences had one-third fewer re-offenses than youths who did not, and youths who felt their conference outcome was arrived at by a genuine consensus had one-fourth fewer re-offenses than youths who did not. Both variables are recognizable restorative concepts. However, as the authors point out, the study could not rule out that these differences may have been pre-existing characteristics of the involved youths, rather than something “caused or encouraged” by the conference process.

iii. Circles

While recidivism is not a primary focus of any of the circle studies surveyed here, it was mentioned in two of the reports. Matthews and Larkin note that an internal self-study was completed for the Healing and Sentencing Circles Program at Whitehorse, Yukon Territory by an outside consultant. Over a two-year period the program served sixty-five clients. Follow-up tracking showed that there was an 80% decrease in recidivism.

Also, the Hollow Water study conducted by the Native Counseling Service of Alberta reported that only two clients (approximately 2%) over the ten years had re-offended. They suggest that typical “recidivism rates for sex offenses is approximately 13% and for any form of recidivism the figure rises to approximately

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206 Hayes & Daly, supra note 110, at 186–87.
207 Id.
208 Hennessey Hayes & Kathleen Daly, Youth Justice Conferencing and Reoffending, 20 JUST. Q. 725, 757 (2003).
209 Id.
210 Id.
211 MATTHEWS & L ARKIN, supra note 119, at 65–68.
212 Id. at 67.
213 Id.
214 NATIVE COUNSELING SERVICES OF ALTA., supra note 174, at v.
36%."\textsuperscript{215} It remains unclear if these latter comparative figures refer to provincial data, federal data, or both.

iv. \textit{Other Programs.}

Bonta et al. evaluated a restorative program designed to divert offenders from incarceration.\textsuperscript{216} The reparative board–type program attempted to involve victims and the community in developing a plan for the offender.\textsuperscript{217} One-year post-program recidivism rates were significantly lower for program participants than for either of two comparison groups.\textsuperscript{218}

7. \textbf{Costs}

i. \textit{Victim-Offender Mediation}

The relative costs of correctional programs are difficult to assess. Several studies reviewed here addressed the issue of costs. Cost per unit case is obviously influenced by the number of cases handled and the amount of time devoted to each case. The results of a detailed cost analysis in a Scottish study were mixed.\textsuperscript{219} In some instances, mediation was less costly than other options and, in others, more costly. The author notes that, given the "marginal scope" of these programs, it remains difficult to evaluate their cost if implemented on a scale large enough to impact overall program administration.

Evaluation of a large scale VOM program in California led the authors to conclude that the cost-per-case was reduced dramatically as the program went from being a fledgling to being a viable option.\textsuperscript{220} Cost-per-case was $250. A Missouri program reported total cost-per-case that ranged from $232 to $338, but did not provide comparison data.\textsuperscript{221}

As noted earlier, some programs have impacted either total incarceration time,\textsuperscript{222} place or cost of incarceration,\textsuperscript{223} or reduction

\textsuperscript{215} \textit{Id.}


\textsuperscript{217} \textit{Id.} at 6–7.

\textsuperscript{218} \textit{Id.} at 26–28.

\textsuperscript{219} \textit{WARNER}, supra note 98, at 55–57.

\textsuperscript{220} Niemeyer & Shichor, supra note 48, at 31.

\textsuperscript{221} \textit{KATZ}, supra note 148, at 29.

\textsuperscript{222} Coates & Gehm, supra note 86, at 258–60.

\textsuperscript{223} \textit{Id.}
of trials. Additionally, time spent to process a case has implications for overall cost. Stone, Helms, and Edgeworth found that the total time required to process mediated cases was only one-third of that needed for non-mediated cases.

In an evaluation of a large-scale restorative program (of which VOM was one component) for youths who would have been referred to state custody, Bradbury found that the yearly cost-per-case was less than for the state custody program ($48,396 versus $65,866). Since recidivism was virtually the same between the two groups, the restorative program was less costly on the surface. However, the author concluded that because the restorative youths spent more days in the community, they posed more risk to community residents. Therefore, neither program could be designated as “clearly superior.”

ii. Circles

A cost-benefit analysis was the cornerstone of the Native Counseling Services of Alberta study of the Hollow Water’s Community Holistic Circle Healing Process. Efforts were made to track the cost that would have occurred if the ninety-four victimizers participating in the program had not been diverted but rather had proceeded to the provincial or federal justice systems. Estimates of pre-incarceration, incarceration, and parole costs were derived. These were compared to the costs of the CHCH. The estimates indicated that the total costs to provincial and federal governments without CHCH in place would have ranged from $6,212,732 to $15,902,885. The authors concluded that given the “very low recidivism rate . . . it is appropriate to state that the value of services to both the government and community has been significantly understated.”

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224 Clarke, Valente & Mace, supra note 165, at 45.
225 Stone, Helms & Edgeworth, supra note 146, at 38.
226 Bradbury, supra note 184, at 3.
227 Id.
228 Id. at 4.
230 Id. at 72–78.
231 Id. at 76–77.
232 Id. at 78–79.
233 Id. at 78.
234 Id. at v.
C. Public Policy Support for Restorative Justice Dialogue

To illustrate the range and types of legislative changes that emerge as restorative justice moves into the mainstream, we draw on a recently reported examination of United States state statutes related to restorative justice dialogue.\footnote{Lightfoot & Umbreit, \textit{State Statutory Provisions}, supra note 46, at 421–423; Umbreit, Lightfoot & Fier, \textit{Legislative Statutes}, supra note 46, at 3–4.} Below we summarize our analysis of the fairly extensive development of formal public policy at the state level supporting the restorative justice dialogue practice of victim-offender mediation (VOM). The review, completed in 2002, examined the state codes of all fifty states and the District of Columbia. The following is an update of this initial review, current as of Spring 2005. Legislative initiatives in support of other forms of restorative justice dialogue were not examined in our review of state statutes.

1. Continuum of State Statutory Support for VOM

A growing number of states have passed legislation related to implementation of VOM. Twenty-nine states currently have at least a reference to VOM or VOM-type programs in their state codes.\footnote{Lightfoot & Umbreit, \textit{State Statutory Provisions}, supra note 46, at 421; Umbreit, Lightfoot & Fier, \textit{Legislative Statutes}, supra note 46, at 5.} The majority of the states passed legislation since the late 1980s, and new VOM bills are being introduced every year.\footnote{See, e.g., H.R. 849, 211th Leg. (N.J. 2004) (proposing a victim-juvenile offender mediation program).} There is a continuum of statutory authority related to VOM. The states fall loosely into five categories along the continuum, including: “Comprehensive VOM Legislative Framework,” “Specific Statutory Provision for VOM,” “Basic Statutory Provision for VOM,” “Programs that May Include VOM,” and “No VOM Statutes.” The following will detail each of these categories.

i. \textit{Comprehensive VOM Legislative Framework}

detail comprehensive guidelines for VOM programs. The statutes in these seven states are quite varied, but all include a variety of specific requirements for the VOM programs within their states, such as oversight, mediator training requirements, funding, costs, confidentiality, eligibility for participation, and liability. The structure of the statutes themselves varies as well. Some states have one specific statute detailing all the aspects of VOM, while others with a comprehensive legislative framework have the VOM requirements in a variety of sections of their state code. The unifying factor among this category of states is that state agencies have a clear statutory authority for VOM as well as guidance on the operations of such programs.

ii. Specific Statutory Provision for VOM

An additional seven states, Arkansas, Louisiana, Minnesota, Ohio, Oklahoma, Texas, and Virginia, have a “specific statutory provision for VOM.” These states have a clear statutory authority for VOM, usually in a specific section of the state code, but fewer detailed requirements than states with a comprehensive VOM legislative framework. These state statutes provide an overarching framework for VOM with one or two specific requirements, but do not detail a broad array of requirements. In these states, while VOM may be mandated and a few operational details are mandated, most of the implementation particulars are left to the state agencies or court system.

iii. Basic Statutory Provision for VOM

Nine states, including Alabama, Arizona, California, Colorado, Iowa, Missouri, North Carolina, Washington, and Wisconsin,

243 Id.
have a basic statutory provision for VOM. A basic statutory provision essentially allows VOM as an option for courts to consider, but provides no details or requirements as to any aspect of the auspices of the program. In these nine states, VOM is included as an option among a list of many other options, with no special emphasis on VOM as a preferred or desired approach. Alabama is an example of a state with a basic statutory provision. In Alabama’s State Code on Community Punishment and Correction, state funds may be used for community punishments and services at the local level. The code lists twenty-two different options for such community-based programs, including the following: “community service supervision; . . . community detention and restitution centers; victim-offender reconciliation programs; home confinement/curfew; electronic surveillance; [and] intensive supervision.” This is the only mention of VOM within the Alabama state code. California’s basic statutory provision differs slightly. In California, VOM is authorized under a variety of different statutes, including the penal code for adults and under the juvenile court provisions, but none of these California statutes provide any details about implementation of VOM. For all of the states in this category, the agencies are not provided statutory guidance in implementing VOM, and discretion is left to public officials.

iv. Programs that May Include VOM

Seven states, Alaska, Florida, Illinois, Maine, New Jersey, New York, and Vermont, have statutes that authorize programs that may include restorative justice dialogues, but they do not specifically discuss VOM within their state code. The state statutes in this category all reflect strong restorative justice principles. In

general, these statutes allow for states to establish programs that entail dialogues between offenders and community members in teams or panels to discuss the offense and/or possible consequences. While victims may be part of the teams or panels, the main purpose is not for dialogue between victim and offender. Thus, while these state statutes may result in dialogue between the victim and the offender in a similar fashion as a VOM program, the state statutes do not technically authorize a structured dialogue between a victim and a mediator in the same fashion as VOM. Nonetheless, these state statutes do evince support of restorative justice dialogues.

v. States with No VOM Statutes

Twenty-one states and the District of Columbia do not have any reference to VOM in their state codes or statutes as of 2002. While several states have restorative justice language in their state statutes, they had no specific reference to VOM or any program that would entail interaction between a victim and an offender. However, state statutes are not required for states to implement VOM or other restorative justice programs. As noted above, virtually every state in the United States has some sort of restorative justice program. However, state statutes help to promote the legitimacy of VOM and other restorative justice programs, which can be valuable when legal issues arise.


There is no standard model for VOM legislation across the states that have adopted VOM statutes. The thirty state VOM statutes vary in regards to structure of VOM programs and the various requirements for VOM program and program participation. The

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251 See, e.g., 705 ILL. COMP. STAT. ANN. 405/5-310 (West 1999) (Illinois’ community mediation program and community mediation teams); ME. REV. STAT. ANN. tit 15, §§ 3301, 3204 (2003); ME. REV. STAT. ANN. tit. 34-A, § 1214 (Supp. 2005) (Maine’s community resolution teams).
254 O’BIEN, supra note 45, at 1.
following will outline some of the key features included in VOM statutes.

States have adopted eight different statutory approaches for implementing VOM. Six states have general referral language; eight states have authorized state VOM programs; eight states have authorized grants to nonprofits to run VOM programs; and four states, Arizona, Indiana, Kansas and Virginia, have authorized county-level VOM programs. The remaining three approaches, each used by a single state, include providing statutory authority for a specific program at the University of Arkansas by Arkansas, grants to counties or nonprofits by Ohio, and referrals to individual mediators by Louisiana. Delaware, Montana and Oregon have also established, through statutes, statewide commissions to guide the implementation of VOM within their state.

Other key variations among state statutes relate to the program details of VOM. States differ on the eligibility age of offenders for participation in VOM programs. Twelve states authorize VOM solely for juveniles and seven states authorize VOM solely

256 Id. at 426; Umbreit, Lightfoot & Fier, Legislative Statutes, supra note 46, at 7.
for adults.  

266 Seven states have separate provisions authorizing VOM for juveniles and adults,  

267 and four that authorize VOM for juveniles and adults under the same statute.  

268 Altogether, twenty-three states authorize VOM for juveniles, and eighteen authorize VOM for adults.

Many of the other VOM requirements are only included in a handful of state statutes. For example, seven states have codified mediator requirements for those providing VOM services.  

269 Of these seven, Kansas, Louisiana and Nebraska have detailed requirements for mediators involved in VOM, while Delaware, Minnesota, New York and Tennessee have general requirements that agencies providing services establish minimum training requirements for VOM mediators. Likewise, seven states provide specific statutory immunity to parties involved in VOM, such as mediators, agencies or prosecutors.  

270 Virginia and Indiana require victims to sign a waiver of liability, while Illinois, Minnesota, Nebraska, Oklahoma and Tennessee provide general immunity to partici-
pants. Again, other states may have broader immunity in other parts of their state codes, but these states have guaranteed immunity specifically in regards to VOM activities. Another common statutory provision is in regards to confidentiality of VOM provisions. Ten states, including Delaware, Illinois, Louisiana, Maine, Nebraska, New York, Oklahoma, Oregon, Tennessee, and Texas, have mandated VOM proceedings to be confidential.271

There are many other types of provisions included in state codes. Four states mandate costs for VOM,272 while two mandate that VOM be free,273 five states require the state or county to maintain comprehensive lists of trained VOM mediators,274 and four states have statutory provisions regarding to training.275

While this review demonstrates that there is no standard approach by states to include provisions for VOM within their codes, there is clearly a growing trend to codify VOM practices into state laws, and the majority of states have now adopted VOM provisions. As VOM is a cornerstone of restorative justice practices, this is further evidence that restorative justice is becoming a mainstream and accepted practice within the United States.

IV. CONTINUING ISSUES

A. Pitfalls and Unintended Negative Consequences

The restorative justice movement is grounded in values that promote both accountability and healing for all affected by crime.


It emphasizes positive human development, mutuality, empathy, responsibility, respect, and fairness. Yet, the principles and practices of the restorative justice movement are not inherently benign or incapable of doing harm. In fact, as in so many other movements and interventions grounded in lofty values and good intentions, reports of unintentionally harmful consequences or outcomes surface periodically.

In large part, the pitfalls derive from the inherent difficulty of attempting to balance so many valid needs: needs of victims, needs of offenders, needs of the community, and ultimately the needs of the state that has come to represent them. Small programs that are accountable to a finite and immediate constituency may be less prone to such errors than large institutions and governments, but even so, examples of unintended harm abound.

Sometimes the problem arises from inattention to some of the basic principles and guidelines that have by now become well established and widely known. For example, well intentioned judges in two different states took the opportunity during the civil portion of trials involving negligent homicide from drunk driving to refer the offender and the family survivor of the victim to a mediation process—on the surface, a positive restorative option for both. However, in each instance there was no separate preparation of the involved parties and the persons responsible for facilitating the meetings had no specific training in victim-offender dialogue.276

In one of these cases, the judge adjourned the civil portion of the trial to allow the defendant and the wife of the husband who was killed to go into the jury room in order to empower the victim to determine, with the defendant, what type of settlement would be the most helpful to her. This victim had no preparation, and even her victim advocate did not object to this process. Her experience was one of intense fear and re-victimization in spite of the good intentions of the judge. In a negligent homicide drunk driving case, a judge referred a defendant to a very experienced local mediation program that focused on civil court disputes and involved attorneys quite extensively in the process. This organization had not even done a victim-offender mediation in a petty vandalism, yet they were now faced with facilitating a mediation and dialogue in a homicide case, with no training or experience in this area.

It is not just well-intentioned individuals who make such errors. A nationally recognized exemplary offender re-entry project

276 The following statements are based on the personal experiences of the lead author.
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that receives large federal grants to support restorative group conferencing invites victims at the last moment with no preparation, no support, and little involvement. The net result is a feeling of re-victimization by those crime victims who participated.

In many jurisdictions there are well-intended juvenile justice officials and judges who mandate young offenders to meet with their victims if the victim is willing to do so, even if the defendant does not own up to the offense or would prefer not to do this type of intervention. Two documented cases occurred in a midwestern state in both a victim-offender mediation program and a family group conferencing program. In both cases the victims and their support people felt re-victimized by the process because of the attitude projected by the offender who was mandated to attend against his will. The victims themselves reported feeling coerced into the mediation or conference, despite the good intent of the highly committed restorative justice advocates who were responsible for their participation in the process.

Some of the reported problems are a result of insufficient attention to training volunteers and monitoring their performance. One participant in a peacemaking circle process reported being required to attend, receiving no preparation, and finding that the facilitator not only monopolized the process but in fact identified with and openly supported the other party in the disagreement. Observers in another program reported on a community accountability board that consisted of three elderly retired men who functioned more as arbitrators in their questioning and comments toward the young offender who appeared before them. In addition, this entire encounter took place without any victim presence or any mention of victim concerns and needs.

Some of these examples also derive from attempts by the formal criminal justice system to take over the movement and fashion it to meet the traditional needs of the system and its bureaucracy. As Zehr and Towes point out, such endeavors can threaten the soul of the restorative justice movement and neutralize its impact. A frequent shortfall of this type is excessive focus on offender rehabilitation, to the exclusion of the needs of the victims and the community. Within the United States, at least one state has adopted legislation to support restorative justice principles because of the restorative justice impact on reducing recidivism and prison overcrowding.

277 HOWARD ZEHR & BARB TOEWS, CRITICAL ISSUES IN RESTORATIVE JUSTICE vii (2004).
278 See H.R. 11, 20th Leg. (Haw. 2000).
B. Opportunities for Expanding the Vision

In the face of these potential pitfalls, the restorative justice movement needs to remain passionately committed to its foundational vision of an entirely different way of understanding and responding to crime and conflict. This vision is grounded in values that are resonating with an increasingly broad range of individuals and communities throughout the world, presenting many opportunities for new and widened impact. A number of these opportunities are listed below; many others continue to emerge.

Initiating a system-wide commitment to providing local citizens who are victimized by all but the most serious violent crime. Both parties would retain the legal right to go before the formal criminal or juvenile justice system if either felt that they were not treated fairly or were dissatisfied with the outcome of the restorative justice intervention. Such a policy would place restorative justice in the forefront of our collective response to crime, rather than consigning it to a marginal position as an option for only a select number of individuals. This policy would also result in huge cost savings.

Developing an increasing number of hybrids that integrate the strengths and limitations of each individual restorative justice intervention. For example, in more serious cases the use of victim-offender mediation on a small or intimate level could first be offered to the specific victim and offender. This could be followed by a session involving a number of family members providing support. Then, even this could be followed at a later time with a much larger community intervention involving a peacemaking circle of perhaps twenty to thirty individuals. Case examples of such combinations go all the way back to the experience of Genesee County, New York, in responding to a sniper shooting case in the early 1980s. Examples also include a more recent case in Dakota County, Minnesota in which the response to a pipe bomb incident by students in a high school resulted in combining elements of victim-offender mediation, family group conferencing, and a community peacemaking circle.

Increasing the use of surrogate victim-offender community dialogue. Encounters with surrogates can be a partial response to the large volume of crime victims whose offenders are never caught.

Such victims are equally in need of gaining a greater understanding of why people commit such crimes and letting others in the community know about the impact on their lives. Often, they also find it beneficial to help hold other similar offenders accountable for their actions even though their own offender was never caught. Dialogue groups in prisons and other correctional facilities that include offenders, victims of similar crimes, and community members have been shown to benefit all who are involved at a relatively low cost. Examples of this exist in the states of Minnesota, Washington, and Wisconsin.281

Applying restorative justice principles and practices in school settings from elementary level through college. Examples of this include the use of peacemaking circles to deal with student conflicts in an entire school district in Minnesota and other schools throughout the country that use various forms of victim-offender mediation, peer mediation, family group conferencing, circles, or other types of restorative dialogue.

Expanding the use of restorative justice principles and practices in work place settings among co-workers.

Increasing the use of restorative justice principles and practices to foster healing in the wake of severe political violence and in the context of national healing.

Building increased coalitions among unlikely allies within communities that focus on the real human impact of crime, the need for direct and understandable accountability of law violators, and the need to foster healing within the community.

Offering more support for victims of severe violence. This would include greatly expanding the opportunities for victim-offender dialogue for those victims who seek to meet. It would also involve much wider use of victim intervention projects that respond to the needs of victims immediately, whether or not there ever is any direct engagement with the offender.

Developing strong legislative support for public resources being appropriated to support the restorative justice movement, based on evidence of its effectiveness in reducing recidivism, cutting costs, and increasing victim and citizen satisfaction with the justice process.

the crime victim advocacy community through focusing on joint interests between restorative justice advocates and crime victim advocates.

Building ever-increasing bridges between the dominant culture and the many ethnic groups and communities of color within our society. One approach already being utilized is that of tapping into the ancient wisdom among many indigenous people, who have for centuries practiced elements of what today is called restorative justice.

Using the principles of restorative justice to engage in a new framework for research on the public policy and human impact of the death penalty.

Strengthening the very fabric of community and civic responsibility through increasing involvement of neighbors and citizens in restorative community-based justice initiatives that provide opportunities for more frequent and meaningful contact with each other in activities that benefit all of society.

C. Questions for the Future

Despite the wide and increasing international acceptance of restorative justice principles and practices and the many opportunities facing the movement in the twenty-first century, there remain numerous unresolved and often troubling issues. Many of these issues speak to the core integrity of the movement, while others pose questions about fair and effective implementation. We present the most salient of these in the following list:

Is restorative justice in fact about developing an entirely new paradigm of how our criminal justice systems operate at a systemic level, or is it a set of processes, specific principles, and practices that can operate within our conventional criminal justice systems?282

How does the restorative justice movement avoid becoming a micro-level intervention serving victims, offenders, and communities? The movement would then have no macro-level impact on the contributing factors to crime and delinquency in our communities, which are inseparable from the social injustice that permeates our society.

Can restorative justice really be a victim-centered approach when the overwhelming emphasis and resources in the system are so heavily focused upon identifying, apprehending, processing and punishing, or even treating the offender?

How big is the tent under which policies and practices are considered to be part of the restorative movement? As Susan Sharpe points out, there are at least two camps: the “purist,” who would severely limit who is really in “the movement,” and the “maximalist,” who would be so inclusive that it becomes hard to distinguish what makes the policy and practice uniquely restorative.\textsuperscript{283}

How can the restorative justice movement avoid the predictable co-opting of its philosophy?

The vast majority of crime victims never have their offenders apprehended and processed in the system. These victims are currently largely ignored by the justice system—restorative or conventional. How can restorative justice address the multitude of needs facing victims of crime whose offenders are never caught and, therefore, are never given the opportunity to enter a mediation session, conference, peacemaking circle, or other related interventions?

Will restorative justice be marginalized through being essentially required to deal with only the most minor types of criminal and delinquent offenses, many of which would self-correct on their own?

Will restorative justice as a movement gravitate toward a “one size fits all” approach in which a specific intervention or approach will be viewed as appropriate for nearly all cases, or all cases of a given type?

A major pillar of the restorative justice approach is its emphasis upon the involvement of communities and respecting the needs of the community. How will the restorative justice movement deal with the reality that many communities express a wish for policies and practices that are far from being restorative in nature? Will the movement be able to integrate respect for those positions while still advocating more restorative approaches?

How will the restorative justice movement effectively deal with cases involving domestic violence? This is a tremendously controversial area and many different opinions exist in the field already. Some believe that domestic violence cases can be routinely

\textsuperscript{283} Susan Sharpe, \textit{How Large Should the Restorative Justice “Tent” Be?}, in \textit{CRITICAL ISSUES IN RESTORATIVE JUSTICE}, supra note 276, at 17, 20.
referred to such programs as victim-offender mediation, while others are more cautious. In theory, restorative justice may have a great deal to offer to the field of domestic violence. In practice, however, it carries a tremendous capacity for doing harm, despite good intentions. How can the dangerous territory of domestic violence be reconciled with the good intent of those involved with the restorative justice movement?

Within the United States, the criminal justice system has a vastly disproportionate number of persons of color caught in its policies and practices. How does the restorative justice movement avoid mirroring this same reality? How many restorative justice policies and programs affect communities of color? How many of these programs and policies actively engage persons of color in leadership roles and service delivery roles?

How can the informal nature of community-based justice, which characterizes the restorative justice movement, be reconciled with the protection of rights offered by our formal criminal and juvenile justice systems? How can extensive and unfair disparity in sanctions and outcomes be avoided as individual victims and communities are given a wide range of options for holding the offender accountable?

V. Conclusion

The restorative justice movement is having an increasing impact upon criminal justice system policymakers and practitioners throughout the world. As a relatively young reform effort, the restorative justice movement holds a great deal of promise as we enter the twenty-first century. By drawing upon many traditional values of the past, from many different cultures, we have the opportunity to build a far more accountable, understandable, and healing system of justice and law that can lead to a greater sense of community through active victim and citizen involvement in restorative initiatives.